

FARM'R IS A PROUD PARTNER OF:

**Retreatify.**

## WHY WORK WITH FARM'R? THE DIFFERENCE IS IN OUR FOOD

**Healthy, Delicious and Beautifully Presented Catering:** we strive to align with your brand, impress clients and inspire employees.

**Cooked Locally from Scratch Every Morning:** too often catering is stale from sitting in a truck all morning. We have a small menu that lets us specialize in only freshly cooked catering from the same 4.5+ star chef team as our restaurant.

**Relentless Service + On Time Delivery :** everything is cooked and delivered from our downtown location by the St Lawrence Market to ensure the hottest, freshest food delivered on-time

**Fit All Dietary Needs:** people don't eat like we used to but our food is designed for today's diets. We label everything on our menu, built to naturally accommodate gluten sensitivity, vegan, dairy free, keto, paleo and other allergies without sacrifice.



**MENU SUBJECT TO CHANGE / \$150 MINIMUM SPEND / 48 HOURS NOTICE PREFERRED**

# F A R M R

## BUILD YOUR OWN FAMILY STYLE MEAL

PICK 1 PROTEIN + 2 SIDES (5 PERSON MINIMUM)

### PICK 1 PROTEIN

#### Lentil & Chickpea Falafels

with Tahini Sauce - \$12.50/person

Oven baked, garlic tahini sauce (GF, DF, VG, V)

#### Lentil & Chickpea Falafels

with Spicy Piri-Piri - \$12.50/person

Oven baked, garlic chili sauce (GF, DF, VG, V)

#### Braised Turkey Meatballs - \$13.50/person

Italian spices, oats, tomato sauce (GF, DF)

#### Spicy Piri-Piri Chicken - \$15.00/person

Garlic chili sauce (GF, DF)

#### Hay Roasted Chicken - \$15.00/person

Herbs, olive oil, herb & citrus salsa verde (GF, DF)

#### Smoked Beef Brisket - \$16.50/person

Montreal spice rub, maple BBQ sauce (GF, DF)

### PICK 2 SIDES

#### WARM SIDES

##### Roasted Sweet Potatoes

Olive oil, zaatar seasoning (GF, DF, VG, V)

##### Chili Roasted Broccoli

Smoked paprika, garlic oil (GF, DF, VG, V)

##### Roasted Carrots

Jalapeno butter (GF, V)

##### Roasted Mini Potatoes

Garlic oil, parmesan (GF, V)

##### Market Mac & Cheese

Bright's Farm cheddar, breadcrumbs (V)

#### COOL SIDES

##### Ontario Quinoa Salad

Seasonal vegetables, dijon vinaigrette (GF, DF, VG, V)

##### Beet & Feta Salad

Bright's Farm feta, pumpkin seeds, dill (GF, V)

##### Farm'r Baby Gem Caesar

Buttermilk dressing, parmesan (GF, V)

##### Winter Greens Salad

Pumpkin seeds, sunflower seeds, dried cranberries, dijon vinaigrette (GF, DF, VG, V)

Add Extra Sides: \$4.00/portion

Add Extra Protein: Lentil & Chickpea Falafels \$4.50/portion,

Turkey Meatballs \$5.50/portion,

Spicy Piri-Piri Chicken \$7.00/portion, Hay Roasted Chicken \$7.00/portion,

Smoked Beef Brisket \$8.50/portion

GF = GLUTEN FRIENDLY / DF = DAIRY FREE / VG = VEGAN / V = VEGETARIAN

# F A R M R

## INDIVIDUAL MEALS

### **Lentil & Chickpea Falafel**

Served with Winter Greens Salad &  
Chili Roasted Broccoli  
\$12.75/box (GF, DF, VG, V)

### **Braised Turkey Meatball**

Served with Roasted Mini Potatoes &  
Ontario Quinoa Salad  
\$13.75/box (GF)

### **Spicy Piri-Piri Chicken**

Served with Farm'r Baby Gem Caesar &  
Roasted Sweet Potatoes  
\$15.49/box (GF)

### **Hay Roasted Chicken**

Served with Winter Greens Salad &  
Ontario Quinoa Salad  
\$15.49/box (GF, DF)

### **Smoked Beef Brisket**

Served with Roasted Sweet Potatoes &  
Chili Roasted Broccoli  
\$16.75/box (GF, DF)



GF = GLUTEN FRIENDLY / DF = DAIRY FREE / VG = VEGAN / V = VEGETARIAN

# F A R M R

## WRAPS & ADD-ONS

### WRAPS

**Assorted Wraps - \$11.49/person**  
Spicy Falafel & Sweet Potato (DF, VG, V)  
Smoked Turkey Club  
Hay Roasted Chicken Caesar

20 person minimum  
Add any side for \$4/person

### DESSERT

**Chocolate Chip Cookies**  
\$28.00/dozen (V)

**Farm'r Brownies**  
\$32.00/dozen (GF, V)

### DISPOSABLES

**Cutlery & Napkins**  
\$0.05/person

**Plates**  
\$0.10/person

**Serving Utensils**  
\$1.00 each

### DRINKS

**Proud Source Spring Water**  
\$3.50

**Ontarieu Sparkling Water**  
\$3.00

**GoodDrink Spritzers**  
\$2.50

**GoodDrink Iced Teas**  
\$3.00

**Boylan Soda**  
\$3.00

**RISE Kombucha**  
\$5.00

**Greenhouse Juices**  
\$7.00

GF = GLUTEN FRIENDLY / DF = DAIRY FREE / VG = VEGAN / V = VEGETARIAN